

It's getting cold out there!

So let's bring the nature inside! A great way to bring outdoor learning inside is to take advantage of the warmer days to collect things like pinecones, sticks, rocks or any leftover acorns and leaves. You can create decorations for Holiday celebrations or display them on a low shelf for your little one to explore! It's amazing to see what kids can create with some sticks and pinecones.

Here's a <u>Nature</u> <u>Advent Calendar</u> of FUN outdoor activities to enjoy all winter long.







An Easy-Care House Plant for Winter Time:



Pothos are arguably one of the easiest house plants to care for. These plants grow well in low light (perfect for winter months) and need water once every 1-2 weeks after soil is dry. They have been found to purify air of formaldehyde, benzene, and produce oxygen during night hours. There are many different pothos plants. Look for the thick, heart shaped leaves growing on a small vine.

Where can I buy a pothos/other house plant?:

Many local grocery and home goods stores sell affordable house plants. Check your neighborhood Schnucks, Dierbergs, Trader Joe's, Whole Foods, Lowes, Home Depot, and others for options.

Why have a family houseplant:

Parkway preschoolers are learning to take care of themselves, others, and their world. Through houseplants, we can learn to care for something together and experience the joy of our impact (from the comfort of indoors). Learning to care for others helps children develop compassion. Doing this with guardians/adults supports a positive home environment and moments for bonding.

Please refer to <u>The Ultimate Pothos Plant Care and Growing Guide</u> for more information.